



## Table Mountain Foot And Ankle Clinic

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### Post Operative Screw Removal Instructions

1. Wear surgical/post-op shoe for 4 hours and do not get foot wet.
2. After 48 hours, remove dressing and go back in to regular shoe gear as tolerated.
3. After 48 hours, you may get your foot wet in the shower. (Do not take a bath). During shower, clean incision area with hydrogen peroxide and cover incision once more with a Band-Aid.
4. Follow this routine up until time of first post-op visit or when sutures are out.
5. Call Dr. with any questions, concerns or problems.